

Abstract

"Effects of University Environment towards Students' Stress : Focus on the Freshy Students in Thammasat University, Rungsit Campus" is the thesis mainly aiming at studying the concept of "Stress" and its relationships between dependent variable (the stress of students) and independent variables (sex, residence, level of tolerance, level of adaptation, physical environmental satisfaction and social environmental satisfaction).

The theoretical idea employed the theory of psychological environment in this research. My data survey, from a population of 264 students, was randomly selected from the freshy students in Thammasat University Rungsit Campus with collecting data by self-administered questionnaires.

The data analysis, operated by computer, was presented the qualification of population and the hypotheses analysis performed by means of Chi-Square Test. The result of analysis were found shortly that (1) the students' stress was indicating mainly 53 percents of normal level stress and (2) the relationships between dependent variable and all independent variables (except sex variable) were statistically non-significant. That was meant that residence, level of tolerance, level of adaptation, physical environmental satisfaction and social environmental satisfaction were found to be not significantly associated with stress.

Nevertheless, the magtitude unsatisfactory low percentage of the explained variation and the rejection of many hypotheses in this research were reevaluated by discussed and suggested presentation for further study, in conclusion.